## Family Emergency Plan

- Does your apartment complex, assisted living facility or nursing home have emergency plans?
  Find out what it is and practice it.
- Identify what equipment you use on a daily basis and what you might do if they are limited or not available. Provide your power company with a list of all life-support equipment required by you or members of your household. Get another power source for the equipment in case the power goes out, if possible.
- If you feel you might not be able to turn off utilities yourself, arrange for someone, such as neighbor, to help you. Post emergency numbers for utility companies by your phone, such as water and sewer, electricity and gas.
- If someone in the household is hearing-impaired, they might have difficulty hearing sirens or other types of alerts. In such cases, consider buying an alert system that features a visual signal, and make plans now through local emergency managers.
- People who need special help or transportation during an evacuation should contact their local emergency manager, who can offer advice about what to do during an evacuation.
- If you undergo routine treatments at a clinic or hospital, or if you receive regular services such as home health care, treatment or transportation, talk to your service provider about their emergency plans. Work with them to identify back-up service providers and incorporate them into your personal support network.
- Create a support network. If you anticipate needing assistance during a disaster, talk to family, friends and others who will be part of your personal support network. Write down and share each aspect of your emergency plan with everyone in your support network.
- Make sure everyone knows how you plan to evacuate your home or workplace and where you will go in case of a disaster.
- Make sure that someone in your local network has an extra key to your home and knows where you keep your emergency supplies.
- Teach people who will help you how to use any lifesaving equipment, and administer medicine in case of an emergency.
- Practice your plan with people who have agreed to be part of your network.
- Following an emergency, some people try to take advantage of those affected by disaster through price gouging and other scams. These people often target seniors. Be alert for such illegal activity. If you suspect someone is trying to take advantage of you, report it to the Federal Trade Commission at 1-877-382-4357 or to the Better Business Bureau.
- For People with Disabilities

- Create a support network. If you anticipate needing assistance during a disaster, talk to family, friends and others who will be part of your personal support team, and write down and share each aspect of your emergency plan with them.
- Make sure everyone knows how you plan to evacuate your home or workplace and where you will go in case of a disaster.
- Make sure that someone in your support network has an extra key to your home and knows where you keep your emergency supplies.
- Teach people who will help you how to use any lifesaving equipment, and administer medicine in case of an emergency.
- Practice your plan with people who have agreed to be part of your network.
- Tell these people where you keep your emergency supplies.
- Give one member of your support network a key to your house or apartment.
- If someone in the household is hearing-impaired, they might have difficulty hearing sirens or other types of alerts. In such cases, consider buying an alert system that features a visual signal, and make special arrangements ahead of time through local emergency management officials.
- People who need special help or transportation during an evacuation should contact their local emergency manager, who can offer advice about what to do during an evacuation
- Wear medical alert tags or bracelets to help identify your disability.
- If you rely on dialysis or other life sustaining treatment, know the location and availability of more than one facility.
- Show others how to operate your wheelchair.
- Know the size and weight of your wheelchair in case it has to be transported.
- Make an emergency communications plan
- For more info, go to: <a href="http://www.ready.gov/individuals-access-functional-needs">http://www.ready.gov/individuals-access-functional-needs</a>

## **For Pets**

- Many emergency shelters will not accept pets other than service animals.
- Talk to your veterinarian or local humane society now about an emergency plan for your pets.
- If you must evacuate, take your pets with you, if possible.
- Make a plan now for your pet to stay at a friend's or relative's home, a pet-friendly hotel or motel or a kennel or vet's office that will shelter your pet in an emergency.
- Get a pet emergency supply kit.
- Do not leave your pet outside during an emergency. Bring them inside.